

# WELLNESS SERVICES OVERVIEW



## **IS YOUR WORKPLACE WELLNESS PROGRAM SAVING YOUR ORGANIZATION MONEY? ARE YOU LOOKING FOR A COMPREHENSIVE INSURANCE SOLUTION?**

- We have all the necessary resources to help you develop a wellness program that reduces health care costs. We will assist you in creating a program that suits your employees' needs while also meeting your financial goals.

## **DOES YOUR BROKER PROVIDE MONTHLY NEWSLETTERS AND FLYERS THAT PROMOTE EMPLOYEE HEALTH AND WELLNESS?**

- Whether it's a simple monthly wellness newsletter or a comprehensive plan, we'll help you develop a wellness program that fits your needs.

## **ARE YOU TOO BUSY TO BUILD YOUR OWN WELLNESS PROGRAM FROM SCRATCH?**

- We can provide you with several completely customizable options that deliver everything you need to develop and implement a results-driven wellness program, including posters, guides and surveys to help you gauge your return on investment.

336.249.7705

[parrottbenefitgroup.com](http://parrottbenefitgroup.com)

150 Weaver Drive, Lexington, NC 27292

---

## WORKPLACE WELLNESS GUIDES

The Workplace Wellness guides are comprehensive and cover topics like initiative implementation, health fairs and disease management programs.

---

## STAND-ALONE WELLNESS PROGRAMS

Round out your wellness program with stand-alone programs focused on smoking cessation and weight loss. Our program guides are available in both employer- and employee-facing versions.

---

## WORKPLACE WELLNESS SERIES

The Workplace Wellness series features over 50 articles designed to help employers create and implement their workplace wellness programs.

---

## WELLNESS COMPLIANCE

Wellness programs must be carefully structured to comply with both state and federal laws. We have a variety of attorney-reviewed articles providing guidance on how to ensure your wellness program is compliant.

---

## EMPLOYEE COMMUNICATIONS

Access a variety of employee-facing flyers, newsletters, posters, emails and guides designed to help employees live a healthier life.

